



All sessions take place in the Parish Centre on Tuesdays from 7.30pm to 9pm. These sessions are suitable for any adult with an enquiring mind who wishes to journey further in their faith. It is also suitable for anyone who has completed the RCIA or ALPHA course. *Everyone is welcome to attend any or all of the sessions* if you have not been on the JTIF course before. All sessions will comprise of a video, reflection, discussion, prayer, and a chance to ask questions. Refreshments (tea, coffee, biscuits) will be provided. Please feel free to invite others to these sessions.

DATE	TOPIC
<i>In the first three sessions, we look more closely at Our Lady and her role in the Church.</i>	
Tuesday 14 th January	<ul style="list-style-type: none"> • Welcome and introduction • Mary – Chosen By God
Tuesday 21 st January	<ul style="list-style-type: none"> • Mary – <i>The First Disciple</i> • Mary – <i>Mother of All</i>
Tuesday 28 th January	<ul style="list-style-type: none"> • Mary – <i>Queen of Heaven</i> • Mary – <i>Help of Christians</i>
<i>In the next four sessions we look at what we can learn from the saints.</i>	
Tuesday 4 th February	<ul style="list-style-type: none"> • Learning from the Saints: <i>A Rhythm of Prayer - St Benedict</i>
Tuesday 11 th February	<ul style="list-style-type: none"> • Learning from the Saints: <i>Simplicity of Faith - St Thérèse of Lisieux</i>
Tuesday 25 th February	<ul style="list-style-type: none"> • Learning from the Saints: <i>Discerning Life's Journey - St Ignatius of Loyola</i>
Tuesday 4 th March	<ul style="list-style-type: none"> • Learning from the Saints: <i>God's Heart for the poor - St Francis of Assisi</i>
<i>In the next session, we look more closely at what Lent and Easter mean to us.</i>	
Tuesday 11 th March	<ul style="list-style-type: none"> • Reflections on Lent: <i>The Cross and New Life</i> • Reflections on Easter: <i>Resurrection and What it Means for Us</i>
<i>In the last two sessions we look at how the Holy Spirit can empower us and change our lives.</i>	
Tuesday 29 th April	<ul style="list-style-type: none"> • The Gift: <i>Encountering and Living in the Spirit</i>
Tuesday 6 th May	<ul style="list-style-type: none"> • Sycamore: <i>The Holy Spirit and the Church; How it Can Change Our Life</i>